

## Subject: PSHE and careers

### Subject Leader

### National Curriculum

PSHE at The Kingsmead School is a planned, developmental programme of learning through which children and young people acquire the knowledge, understanding and skills they need to thrive as individuals, family members and members of society. PSHE education equips students to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions between the different stages of their education, positive learning and career choices and in achieving economic well-being. The PSHE education programme makes significant contributions to student's spiritual, moral, social and cultural development, their behaviour and safety and the school's statutory responsibility to promote students' well-being. Overarching concepts are: identity, relationships, balanced lifestyles, managing risk, diversity and equality, rights, responsibilities and consent, change, resilience and preparation for adult life. Key concepts are taught through six key themes:

- Diversity
- Economic well being
- Relationships
- Healthy lifestyles
- Personal identity
- Risk

Alongside this in years 10 and 11 students follow the AQA personal and social education, working towards an award or a certificate in this area. Year 10 cover units such as: Sex and relationships, emotional well-being, drugs education and personal action planning. At the Kingsmead school we are committed to our student's progression from year 11 and offer a specialised and tailored programme to ensure all students have the opportunity to explore post 16 placements and enable them transition into this successfully. Year 11 see's students cover topics such as: Making informed career choices, applying for jobs and courses and practices and behaviour in the workplace. In addition to this we provide post 16 mentors, college and provider visits, mock interview days, CV writing workshops and interview support.

### Curriculum Intent

The kingsmead school are committed to the personal and social development of all of our young people. Emotional wellbeing and health are of utmost importance in the development of themselves and school life, this programme is designed to give students the confidence and skills to progress not only in school but in other areas of their life and beyond year 11. PSHE also contributes to personal development by helping students to build confidence, resilience and self-esteem and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help students to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

Our careers programme is Informed by the most recent statutory guidance on careers education, advice and guidance and also working in close reference to the Gatsby Benchmark criteria, the department is committed to help prepare students for their transition (and beyond) into their further education and the world of work.

PSHCE is classed as a core subject at the Kingsmead school as we believe these lessons are just as important to our young people and helps support their progression, not only in their lives but in other subject areas.

## Curriculum Implementation

Curriculum Implementation				
	Term	Content/Topics	Assessment	
Year 7	Autumn Term	1	Diversity - Focusing on exploring diversity, tolerance of others and different cultures. Exploring equality and rights.	Teacher led end of unit assessments Classroom monitor assessment levels
		2	Economic well-being - Exploring money skills and budgeting. Aspirations for careers and wages of different jobs to support lifestyles.	Teacher led end of unit assessments Classroom monitor assessment levels
	Spring Term	3	Relationships - Understanding how the body changes in adolescence and how puberty can affect our moods. Exploring healthy relationships and identify positive and negative relationships.	Teacher led end of unit assessments Classroom monitor assessment levels
		4	Healthy lifestyles - Important factors that assist a healthy lifestyle including: exercise, sleep and healthy eating. Exploring how lifestyle impacts a work/life balance.	Teacher led end of unit assessments Classroom monitor assessment levels
	Summer Term	5	Personal identity - Exploring their own identity and characteristics. Consider impacts of risky behaviour in regards to police and punishment. Explore the impact of gangs and racism.	Teacher led end of unit assessments Classroom monitor assessment levels
		6	Risk - Explore the effects and risks of alcohol, tobacco and drugs.	Teacher led end of unit assessments Classroom monitor assessment levels
	Term	Content/Topics	Assessment	
Year 8	Autumn Term	1	Relationships - Exploring families and the different types, where to get help and advice.	Teacher led end of unit assessments Classroom monitor assessment levels
		2	Economic well-being - Ways in which young people can make money and raise money for other causes. The risks of gambling and where to get help with financial difficulties.	Teacher led end of unit assessments Classroom monitor assessment levels
	Spring Term	3	Risk - Online safety, grooming and exploitation. Information on contraception and where to get help and advice. To understand what FGM is and why it happens.	Teacher led end of unit assessments Classroom monitor assessment levels
		4	Personal identity - An introduction into LGBT and gender identity. Explore how the LGBT community may suffer from prejudice and unwanted negative behaviour. What is bullying and the possible causes and effects.	Teacher led end of unit assessments Classroom monitor assessment levels

	Summer Term	5	Healthy lifestyles - Explore mental health and how it can effect a person Careers - Explore possible career choices and what might be needed to achieve this.	Teacher led end of unit assessments Classroom monitor assessment levels
		6	Diversity - An introduction into Human rights. Understanding why people get married, what's the difference between an arranged and forced marriage. Prevent introduction. Basic first aid.	Teacher led end of unit assessments Classroom monitor assessment levels
	<b>Term</b>		<b>Content/Topics</b>	<b>Assessment</b>
Year 9	Autumn Term	1	Diversity - Explore British values	Teacher Designed Assessments Classroom monitor assessment levels
		2	Economic well-being - Understanding the importance of budgeting and the consequences of not having savings. Looking at the risks of payday loans and how a young person could raise their income. Exploring the benefits of different bank accounts.	Teacher Designed Assessments Classroom monitor assessment levels
	Spring Term	3	Relationships - The importance of health and personal hygiene. Rights and responsibilities in a relationship. Differing relationships and how to cope.	Teacher Designed Assessments Classroom monitor assessment levels
		4	Healthy lifestyles - Explore how mental health can effect lives. Compare different types of exercise and the importance and benefits. Basic first aid skills.	Teacher Designed Assessments Classroom monitor assessment levels
	Summer Term	5	Personal identity - Exploring LGBT and how it can effect a person and their families. Understanding racism and the laws, how racism can affect people, families and whole communities.	Teacher Designed Assessments Classroom monitor assessment levels
		6	Risk - Sex and relationships, sexual health and support. Explore the laws and attitudes towards gambling. Alcohol, drugs and tobacco laws, risks and effects.	Teacher Designed Assessments Classroom monitor assessment levels

	Term		Content/Topics	Assessment (including formal exam options)
Year 10	Autumn Term	1	Diversity - Explore terrorism, radicalisation and exploitation.  AQA personal action plan unit	Internal and external verification of completed unit
		2	Diversity - What happens in the houses of parliament  AQA Emotional well-being unit	Internal and external verification of completed unit

	Spring Term	3	Diversity - FGM, pregnancy and the choices, fertility and the effects of the menopause. AQA Emotional well-being unit	Internal and external verification of completed unit
		4	Personal identity - Bullying in the workplace and legal rights. Understanding the equality act 2010 AQA Sex education unit	Internal and external verification of completed unit
	Summer Term	5	Personal identity - LGBT and the law. The risks and effects of being in a gang. Attitudes towards the police. Sentencing for crimes in the UK and how they differ to other countries AQA drugs education unit	Internal and external verification of completed unit
		6	Personal identity - Basic emergency first aid qualification AQA units to be completed	Internal and external verification of completed unit
	<b>Term</b>		<b>Content/Topics</b>	<b>Assessment (including formal exam options)</b>
Year 11	Autumn Term	1	AQA Making informed career choices unit	Internal and external verification of completed unit
		2	AQA Applying for jobs and courses unit - CV writing, letters of applications, interview techniques Application open to colleges and training providers	Internal and external verification of completed unit
	Spring Term	3	AQA Behaviours and practices in the workplace Mock interview day	Internal and external verification of completed unit Interview feedback forms
		4	AQA units to be completed Exam preparation - Study timetables and techniques to deal with pressure and stress.	Internal and external verification of completed unit
	Summer Term	5	GCSE exam time Complete any outstanding applications and CV's	
		6	GCSE exam time	

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