

# Homework Book

Hey folks,

We have prepared this workbook for any students that will be in self isolation due to the Covid 19 situation.

Most students with us have completed nearly all of the paperwork based unit for Health & Safety but all of you have yet to complete the worksheets provided with this letter.

I have made a video that explains what you have to do and it is available on YouTube. The comments on that video have been disabled so if you have any questions then please email me at [admin@engineeredlearning.co.uk](mailto:admin@engineeredlearning.co.uk)

The video can be found at <https://youtu.be/vuJ1o6VwW1A> please excuse all the 'errrrss' and the bits were i draw a blank we put this video together in a short time.

You can also find this video using the search term 'general specific regulations'

Do your best to complete the 2 sheets provided with this letter, the fact is that you will probably have the knowledge to fill in the answers anyway. Although on the video i say this is all you need to do for your BTEC qualification i have also provided some other paper based activities you should complete.

Keep safe

Engineered Racing Team

<p><b>1.1 List</b> three general regulations and two specific regulations that have a statutory requirement under relevant sections of the Health and Safety at Work Act 1974.</p>	<p><b>1.4 Describe</b> when appropriate sources of information would assist compliance with statutory regulations and organisational requirements.</p>	
<p><b>General Regulations</b></p>	<p><b>How do we make sure we comply?</b></p>	<p><b>When is information needed?</b></p>
<p><b>Example</b>  <b>Manual Handling Operations Regulations 1992:</b>          cover the moving of objects by hand or bodily force</p>	<p>Safe storage of heavy objects.          Use wheels to move large welding plants.          Use the crane to move heavy things.          Share the weight by lifting together as a team.          Training or direct supervision by staff.          Plan lifts and check routes are clear.          Labels</p>	<p>When planning the workshop lay out.          Before moving anything heavy.          Initial induction training.</p> <p>If something heavy is delivered to the workshop.</p>
<p>1</p>		
<p>2</p>		

3		
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Specific Regulations	How do we make sure we comply?	When is information needed?
1		
2		