

## Task 1 Skin Types

Your task is to research the four main skin types and list the features of each.

**Step 1** - Type into Google "The four main skin types and their features". Research information on normal, dry, oily and combination skin.

**Step 2** - Use the information you have found to create a document. Be creative when completing your document. Below are examples of how you could present your work:

- Create a poster describing the skin types and their features
- Draw your own faces, one for each skin type. Then draw the correct features for each and label them. *(If you have access to a printer there are blank faces in the resource folder).*
- Create an iMovie that describes each skin type and its features.

### Stretch and challenge activity

Below are factors that can impact on your skin both negatively and positively. Please research the effect these factors could have on the health of your skin and write down your findings on a separate sheet. Use the title 'Factors Influencing Skin Type' for your document.

- Age
- Illness and medication
- Diet
- Stress
- Smoking and alcohol

If you are struggling with any aspect of these tasks please email [hairandbeauty@kingsmead.derby.sch.uk](mailto:hairandbeauty@kingsmead.derby.sch.uk) and I will get back to you. Once you have completed your work please email it to me. If you have completed the task on paper, take a picture of it and email it to the above address and I will give you feedback. Thank you, Kate. 😊