

Useful Emergency Contacts over the Summer break

Police	
Non-Emergency	101
Emergency	999

Social Care	
Initial Response Team (speak to social worker with any concerns) Open during normal working hours 9am – 5pm	01332 641172
On line Referral Non-urgent referrals via the website. These referrals are accessed between the working hours 9am – 5pm. https://myaccount.derby.gov.uk/en/service/report_concerns_about_a_child https://myaccount.derby.gov.uk/en/service/report_concerns_about_a_child	Click on link
Care Line Out of hours social care This is social care outside of the hours 9am – 5pm.	Tel: 01332 956606 Minicom: 01332 785 642

Health	
General Health concerns	111
Royal Derby Hospital	01332 340131
Chat Health – for Young People aged 11 – 19 Can support with all kinds of things like: Sexual health, relationships, Emotional wellbeing, drugs and alcohol, physical health	07507 327 104
Chat Health – for parents and Carers Can support with all kinds of things like: Bedwetting, soiling, toileting, Concerns around vision or hearing, Feeding problems, weaning, emotional wellbeing, Behaviour, Speech Concerns	07507 327754
Sexual Health Clinic Based at The Space – see link below (general support). This services offers free and confidential sexual health and wellbeing advice for under 25 years olds, including: emergency contraception, sexually transmitted infections (STI's), contraception choices 'free condoms'. You can book an appointment by telephoning the information and Booking Line on the number in the end column. The address is 8 Curzon Street, Derby, DE1 1LL	0800 328 3383
Family Planning Association Enabling people to make informed choices about sex	0845 122 8690
Brook Free confidential sexual health advice and services specifically for young people under 25.	0800 0185 023

Mental Health	
Young Minds Information for young people about mental health and emotional wellbeing	0808 802 5544
Mind The national information line is 08457 660 163 and is available from 9.15am – 5.15pm Monday to Friday. The local helpline number is in the end column	01332 772300
Sane Saneline is a national out of hours telephone helpline offering emotional support and information for people affected by mental health problems.	0845 767 8000
Rethink Rethink works to help everyone affected by severe mental illness recover a better quality of life	0845 456 0455
Papyrus Prevention of young suicide	08000 684141

Advice and Support	
Childline Free helpline for children and young people in the UK. Children and young people can call the number in the end column to talk about any problems, including bullying, mental health, health, exams, eating disorders or families	0800 1111
Samaritans They provide emotional support 24 hours a day for people who are experiencing feelings of distress or despair. You can also text if this is easier.	08457 909090 Text: 07725 909090
Youth2Youth A helpline run by young people for young people	020 8896 3675
SPACE Support for young people with a number of issues – homelessness, sexual health, emotional wellbeing, financial advice and much more, see the link below. https://www.derby.gov.uk/community-and-living/youth-support/young-people-information-and-advice/	0800 3283383